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Categories

Cat.	Age	Year
Eendjes	6-8	('02 - '00)
Dolfijntjes	9-10	('99 - '98)
Benjamins	11-12	('97 - '96)
Miniemen	13-14	('95 - '94)
Kadetten	15-16	('93 - '92)
Pupillen	17-18	('91 - '90)
Seniors	19-24	('89 - '84)
Masters	25-..	(+'83)

Timetable

- Jury: 8u30
- Warm-Up: 8u30 and 13u00
- First start: 09u30 and 14u00

Rules

1. The « International Meeting Cyr Provost » is an organisation of the "Vrije Zwemmers Ronse vzw" in co-operation with the council of Ronse and FROS.
2. Participating teams are invited
3. The organising team is responsible for the program, which can change yearly
4. The winning team is the team with the highest number of points through all the races. In case of a tie the number of first, second, third etc... places will define the winner. The number of points is defined a ratio of the participating teams.
5. Each team is allowed to have 80 starts (e.g. if your team has 40 swimmers, each swimmer can swim twice)
6. In each race the highest ranked swimmer of each team marks points. In case of DQ or DNF the swimmer will not score any points.
7. For the relay, points are doubled.
8. Only replacements are allowed (no extra swimmers).
9. The participants must swim in their own age-group
10. The age-group masters (born in or before 1983) is one age-group
11. No open participants are admitted
12. Each team has to bring 2 officials
13. The cup will be rewarded immediately after the competition
14. All the rules of the 'TKZ' are applied (cfr. FINA)
15. Any problems, remarks etc... will be held into consideration by the participating team. There is a possibility to go into appeal with the 'TKZ'

Rules Australian Run

1. The 6 fastest female/male swimmers on the 50m freestyle will be selected to swim the « Australian Run ». In case of a retirement the 7th, 8th etc... fastest swimmer will be selected.
2. Only the two fastest swimmer of each team are allowed to participate in the Open Australian Run.
3. After each leg, the last swimmer will be eliminated. In total five legs will be swum.